

SAY HELLO TO ACTIVE CARE WEAR







SAY HELLO

TO A NEW GENERATION OF SCRUBS

The workplace is changing. Forget cold and clinical. Health and beauty is a dynamic, fluid and amazingly technical industry and we think the uniforms you wear should be too. So, we've put our heart and soul into creating the perfect range of uniforms designed for today's health and beauty professionals.

And we know you're going to love the results.

Think activewear meets professional uniform. Technical fabrics engineered with super 4-way stretch. Tunics and pants designed for comfort and compliments.

Breathable base layers that feel like a second skin. All in a range of team colours that are anything but dull, so you can make light work of the toughest days.

Because when you care for people 24/7, you need a uniform that takes care of you.







BETTER BY DESIGN

SUSTAINABILITY JOURNEY

Like you, we believe in the ethics of sustainability. So, when it comes to lessening our impact on the planet, we're committed to better.



Better materials created using recycled fabrics, rather than virgin resources. Like tunics containing recycled polyester from used bottles. And under scrubs made from recycled nylon.



Better packaging with polythene bags made from 100% recycled PET, and FSC-certified paper and card.



Better partnerships, with manufacturers, distributors and resellers who we trust to share our values.









IT'S NOT ABOUT US IT'S ABOUT YOU

4-WAY STRETCH

Our technical fabrics are engineered for flexibility, so you're free to flex, stretch and bend too.

BREATHABLE FABRICS

The recycled polyester fibres let air circulate and wick away moisture, so you stay cool and comfortable.

LIGHTWEIGHT STYLES

Our tunics and pants feel so light and comfortable, you'll forget you're even wearing a uniform.

BEAUTIFULLY PRACTICAL

Our garments don't just look good, they have all practical features you need to perform at your best.

COLOUR CONFIDENCE

A contemporary twist on classic colourways will make your team look a shade more professional.

EASY CARE

Our high-quality garments are crease-resistant, designed to wash cold and look smarter for longer.





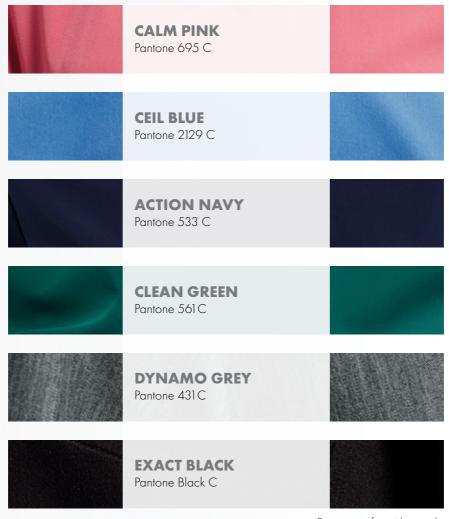






THE LANGUAGE OF COLOUR

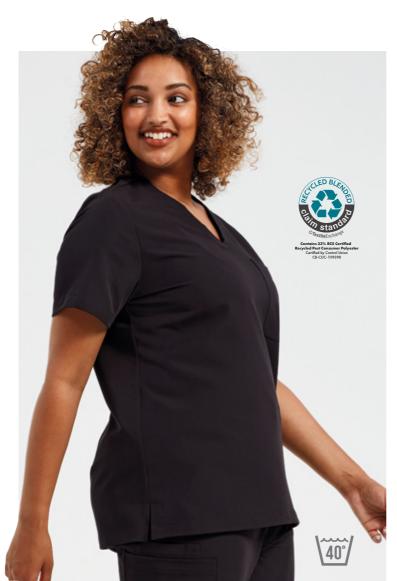
Sign post your team as the cutting edge professionals they are with our contemporary twist on classic colourways. Colour sets the tone of your workplace, so whether you're going for reassurance, precision or healing, we've got you covered.



Pantones are for guidance only.











'Limitless' Women's Onna-Stretch Tunic

V-neck style with left chest pocket and combined pen pocket. Breathable 4-way stretch for easy movement and all day comfort. Durable, crease resistant and easycare. Modern fit with back darts and side vents.

FABRIC: 42% Polyester, 33% Recycled Polyester, 19% Viscose, 6% Elastane, 210gsm





















'Invincible' Women's Onna-Stretch Tunic

V-neck style with two front pockets. Breathable 4-way stretch for easy movement and all day comfort. Durable, crease resistant and easycare. Modern fit with back darts and side vents.

FABRIC: 42% Polyester, 33% Recycled Polyester, 19% Viscose, 6% Elastane, 210gsm



















'Relentless' Women's Onna-Stretch Cargo Pants

Breathable 4-way stretch for easy movement and all day comfort. Durable, crease resistant and easycare. Part elasticated waistband with drawcord and mock fly. Multiple mobile friendly coin and zip pockets. Hem vents for easy movement.

FABRIC: 42% Polyester, 33% Recycled Polyester, 19% Viscose, 6% Elastane, 210gsm $\,$





















'Energized' Women's Onna-Stretch Jogger Pants

Breathable 4-way stretch for easy movement and all day comfort. Durable, crease resistant and easycare. Elasticated waistband, drawcord and mock fly. Multiple mobile friendly and zip pockets. Ribbed knit cuffed ankles.

FABRIC: 42% Polyester, 33% Recycled Polyester, 19% Viscose, 6% Elastane, 210gsm

























'Limitless' Men's Onna-Stretch Tunic

V-neck style with left chest pocket and combined phone and pen pocket. Breathable 4-way stretch for easy movement and all day comfort. Durable, crease resistant and easycare. Modern fit with back darts and side vents.

FABRIC: 42% Polyester, 33% Recycled Polyester, 19% Viscose, 6% Elastane, 210gsm

















'Relentless' Men's Onna-Stretch Cargo Pants

Breathable 4-way stretch for easy movement and all day comfort. Durable, crease resistant and easycare. Buttoned waistband, drawcord and zip fly. Multiple mobile friendly coin and zip pockets. Hem vents for easy movement.

FABRIC: 42% Polyester, 33% Recycled Polyester, 19% Viscose, 6% Elastane, 210gsm





I-WAY STRETCH



BREATHABLE



RECYCLED



EASY-CA











order online at www.russums.co.uk





FOUNDATIONS









'Unstoppable' Women's Fresh Underscrub Base Layer

Peppermint extract gives a natural deodorising finish without a mint scent. Seamless body with unique jacquard pattern. Breathable 4-way stretch for easy movement and all day comfort. Durable, crease resistant and easycare.

FABRIC: 50% Recycled Nylon, 50% Nylon, 170gsm. * 50% Recycled Nylon, 30% Nylon, 20% Polyester, 170gsm

SIZES: XS - XL

MINT FRESH





















'Unstoppable' Men's Fresh Underscrub Base Layer

Peppermint extract gives a natural deodorising finish without a mint scent. Seamless body with unique jacquard pattern. Breathable 4-way stretch for easy movement and all day comfort. Durable, crease resistant and easycare.

FABRIC: 50% Recycled Nylon, 50% Nylon, 170gsm

SIZES: S - 2XL









WOMEN'S STDE	TCH THNICS 9	UNDERSCRUB:	NN300 NN31	0 NN370			
Call size	XS	S	M	L	XL	2XL	3XL
Chest to fit"	33-34	35-36	37-38	39-40	41-43	44-46	47-49
Chest to fit cm	84-86	89-91	94-96	99-101	104-109	112-117	121 - 124
MEN'S STRETCH	TUNIC & UND	ERSCRUB: NN20	00, NN270				
Call size	S	M	L	XL	2XL	3XL	
Chest to fit"	37-39	40-42	43-44	45-47	48-49	50-53	
Chest to fit cm	94-99	101-106	108-113	115-119	121 - 125	127-135	
WOMEN'S STRE	TCH CARGO 8	JOGGER PANTS	5: NN600, NN6	510			
Call size	XS	S	M	L	XL	2XL	3XL
Waist to fit"	25-26	27-28	29-31	32-34	35-3 <i>7</i>	38-40	41-43
Waist to fit cm	63-67	68-72	74-79	81-86	89-94	96-101	105-109
MEN'S STRETCH	CARGO PANT	'S: NN500					
Call size	S	M	L	XL	2XL	3XL	
Waist to fit"	31-33	34-35	36-38	39-40	41-42	43-44	
Waist to fit cm	79-84	86-89	91-96	99-101	104-107	110-114	





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