

the
ffres
cook,

The text is arranged in three lines. The word 'the' is in blue and enclosed in a light blue oval. The word 'ffres' is in the middle line, with 'f' in green, 'f' in yellow, 'r' in blue, 'e' in purple, and 's' in red. The word 'cook,' is in blue and located below 'ffres'. A decorative banner with light blue triangular flags arches over the text. A light blue heart is at the left end of the banner, and another is at the right end of the 'cook,' line.